HOUSEWORK IS HARD!

HOW TO

Clean the bathroom

Work from high (ceiling) to low (floor) when possible. Dirt follows the law of gravity.

Two people on the job? One guy runs can run the vacuum around the room to remove dust while the other begins the wet cleaning. Vacuum guy moves on to a wet job when he’s done with the dusting.

Vacuum (Dry) Job

Vacuum
Begin by the sink (while Wet Guy begins at toilet) Quickly dust (Dusting head) away clear part of counter around sink. Next dust perimeter of room, getting every windowsill. Climb up on tub surround and vacuum everywhere possible. Next, go around room and vacuum the top of all heaters. Vacuum the top of larger objects (like the trash can and toilet tank lid.) Finally, vacuum the floor itself. Use the large head for the middle of the room, then go around with the crevice tool and do where the floor hits the walls. Make sure you clean the track that holds the shower doors with the crevice tool.

Wet Cleaning Job

Toilet (Part I)
Treat the inside of the bowl with Pro-Scrub (thick liquid cleanser or Bon Ami powder) as the first step in the bathroom cleaning. Spray/sprinkle it on, use the toilet brush to spread it over all internal surfaces, including under the inner trim. Now leave the toilet spread with cleanser; you’ll come back to finish it later. Since you’ll be coming back, “trap” the toilet brush (leave it half in the toilet) with its head dripping into the toilet and the handle caught between porcelain rim and the plastic seat. This way, no toilet water drips onto the floor.

Remove Screens, Objects, & Garbage before Cleaning
Remove the flat, circular drain screen from the shower. Remove the indented sink drain screen. Put them in a plastic bin to carry down and wash in dishwasher. Set the bin by the door where you won’t forget it after you’ve cleaned. Remove all trays from countertop; there should be NOTHING on it. Take as many other items (laundry baskets, throw rugs, etc.) as possible out of the room so you can vacuum effectively. Either shake rugs outside or vacuum as a separate step from doing the floor.
Remember you’ll need a basket or bin for used rags, and this should be placed near the bathroom/bedroom door for removal at the end.

Mirrors & Glass
Spray mirrors with blue juice. Work in small sections (within arm’s reach.) Overlap each section slightly to avoid smears. Rub with firm pressure with a clean cloth until no streaks
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remain. After doing the mirrors, use the same process to clean the outside (only) of the shower stall doors.

Fold your cloth in quarters and move on to a clean quarter for each new section of glass as you work. You may need two or three cloths to do all the glass in this room. Smooth (woven) cloths (or synthetic microfiber) work better for preventing streaks on glass than thick terry cloth (fuzzy cotton) towels.

Countertop & Sink
Apply Pro-Scrub cream (or Bon Ami powder) to sink bowl. (You already removed the drain screen, right?) Scrub the sink until gunk is gone. Use a stiff bristle brush to get black goo from drain ring.
Rinse sink to remove scouring cleanser.
Use Red Juice on a fresh cloth to wipe down counter and upper rim of sink.
Use Blue Juice (can be on same rag from mirrors) to wipe faucet and handles until no white spots remain.
Use a fresh towel to dry away any remaining moisture.

Toilet (Part II)
Carefully free the brush you left hanging over the toilet bowl. Give the interior another scrub with the brush, making sure to work from all angles to remove as much dirt as possible around the bottom. When done with the interior, lower the lid as much as you can, and flush with the brush still in the water, rinsing away as much of the dirt from the brush as possible. Carefully put the brush away, attempting to avoid toilet water on the floor.

Shower
Remove any items or gunk (hair, snot balls) from shower floor. Climb (barefoot!) into shower and shut the door. Spray Scum Bum on shower walls, taking care none gets on the marble outside the shower. Wipe away as high as you can reach with a cleaning towel. Step out of shower. Apply Pro-Scrub (thick liquid cleanser or Bon Ami powder) to shower floor. Scrub with hand brush or use the mop with a clean fabric cover. Rinse with fresh water (or use another mop head well wetted with clean water.) When done inside shower, wipe the chrome door handles with Blue Juice on a clean (or used just for mirror/glass) rag.

Floor
Sh-Clean floor cleaner is safe on marble. Bring the tray the mop lives on over near the door in anticipation of mopping yourself out of the room. Put the tray on the bedroom carpet on top of a bathroom throw rug or clean rag!
Using the mop with a clean cloth cover on its head, moisten the mop head until it is allover damp but not dripping, then add a small squirt of Sh-Clean. Begin at the windows by the sink and mop to the end of the tub. Only step on the dry floor you haven’t mopped yet. Leave the area by the door dry for now! Skip over to the toilet and mop from there back toward the door. Finally, finish the dry area between the tub end and the door. Carefully leave the damp, dirty mop on its tray. Remove the used head and bring it, along with all the other cleaning towels from the job, to the laundry.